

## SMARTPHONE, SMARTER PHYSICIAN

✓ Minimize risk of privacy breaches

✓ Avoid medical-legal difficulties

### 7 tips to help you safely recommend mobile health apps in your practice



**1** Use trusted apps from reputable sources

**2** Know how apps work and keep them up-to-date

**3** Consider information security to avoid privacy breaches

**4** Obtain, discuss and document patient consent

**5** Read disclaimers and know your liability

**6** Use a process to manage patient data and health records

**7** Be aware of billing requirements in your jurisdiction

For more information and advice for your practice, search “mobile health” on our website.